

Summit To Sound Swiftwater Rescue Group Standard Operating Guidelines

GROUP MEMBERSHIP

1. Must be a member of STS.
2. Must hold current Swiftwater Rescue Tech I or higher certification.
3. Must attend 50% of the Swiftwater specific trainings. Exceptions for work can be made on a case by case basis if the training is made up through other means.
4. Must participate in at least two in-water training per year.

GROUP LEADERSHIP

1. Group Leader will be elected each year by a majority vote of the group. Vote will be held by secret ballot.
2. These SOGs will be maintained by the Group Leader
3. Any changes to these SOGs will be approved by a majority of the group members.

EQUIPMENT LIST

1. The following is standard equipment that shall be carried to all water oriented missions and trainings by swiftwater rescue personnel.
 - a. Pager authorized through Summit to Sound with the Swiftwater CAP, billed to member.
 - b. Wet suit or dry suit.
 - c. Water booties or unit approved footwear.
 - d. Gloves (1 pair leather and 1 pair neoprene).
 - e. Swiftwater group approved PFD (personal floatation device).
 - f. Swiftwater group approved whistle (Fox 40 recommended).
 - g. Swiftwater group approved knife or EMT trauma shears (both preferred, but either is acceptable).
 - h. Swiftwater group approved helmet.
 - i. Pencil and paper (write in rain recommended)
 - j. Swiftwater group approved throw bag.
 - k. Water proof flashlight and/or head lamp (both are recommended)
 - l. Space blanket to be carried in PFD.
 - m. Glow sticks (2 green, 2 orange)
 - n. Lipke Technical Rescue Riggers Guide

Summit To Sound Swiftwater Rescue Group Standard Operating Guidelines

- o. 2 (two) locking D carabineers.
 - p. Webbing (per Lipke Guide)
 - 1 (one) of each length
 - Yellow = 12'
 - Red = 20'
 - q. 1 (one) pair of prusiks (8 mil). One prusik 53" and one prusik 65". Measurements are stated in untied lengths. (Use different colored rope for each size prusik).
 - r. Water or filtering system
 - s. Food and/or energy bars
2. The following is recommended in addition to the standard equipment.
- a. FRS radio with sub channels.
 - b. Radio with SAR frequencies
 - c. HAM license
 - d. Snorkel & Mask
 - e. Dive Hood
 - f. Gallon of water
 - g. Additional rope rescue gear
 - 1. 6 (six) locking carabineers
 - 2. Assortment of webbing (per Lipke Guide)
 - 2 (two) of each length
 - Green = 5'
 - Yellow = 12'
 - Blue = 15'
 - Red = 20'
 - Black = 25'
 - 3. Rescue rated belaying device
 - 4. Parachute cord
 - h. Swiftwater group approved sit harness (or full harness).
 - i. 2 tarps (6x8)
 - j. Binoculars
 - k. Map
 - l. Compass
 - m. GPS
 - n. Flagging tape and permanent marker
 - o. Extra batteries & bulb for flashlight & headlamp
 - p. Spotlight
 - q. Flare or smoke signaling device

**Summit To Sound
Swiftwater Rescue Group
Standard Operating Guidelines**

- r. Fire starters
- s. Machete
- t. Sunglasses
- u. Change of clothes
- v. Sunscreen
- w. Bug Repellant
- x. First aid kit (including thermal packs)

EQUIPMENT INSPECTIONS

1. Equipment inspections of all standard equipment will be conducted annually at a predetermined equipment training session.